

Socioecological theory-based interventions: How to evaluate the effectiveness of their mechanisms?

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**« Process evaluation of population health intervention research:
A complement or an alternative contribution to randomized controlled trial? »**

International Workshop

Paris

Wednesday 16 november, 2016

Socio-ecological approach

Context

Theory

Efficiency

Evaluation

Synthesis

Unhealthy behaviours



Diseases and Mortality



Socio-ecological approach

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Socio-ecological approach

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« Our societies are complex and interrelated.
Health cannot be separated from other goals.

The **inextricable links between people and their environment** constitute the basis for a socioecological approach to health »

Ottawa Charter for Health Promotion. 21th november 1986. WHO

Socio-ecological approach

Context

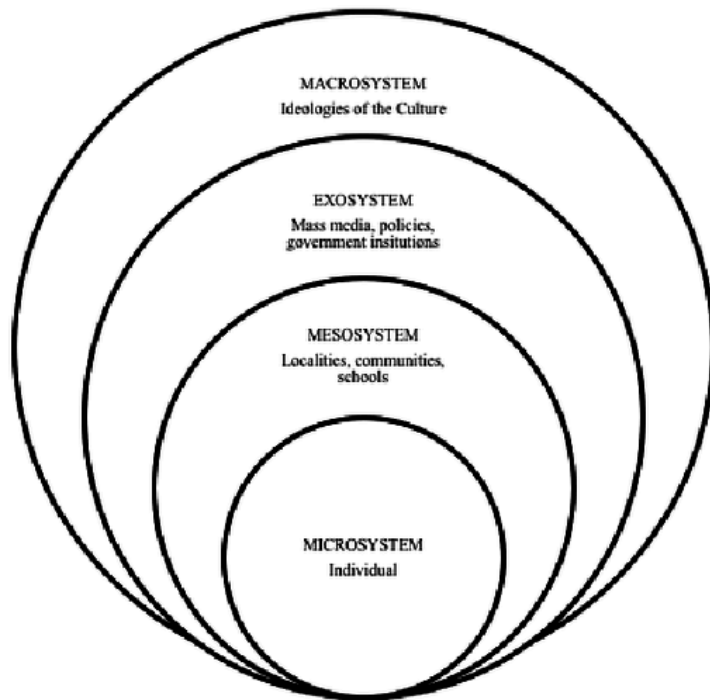
Theory

Efficiency

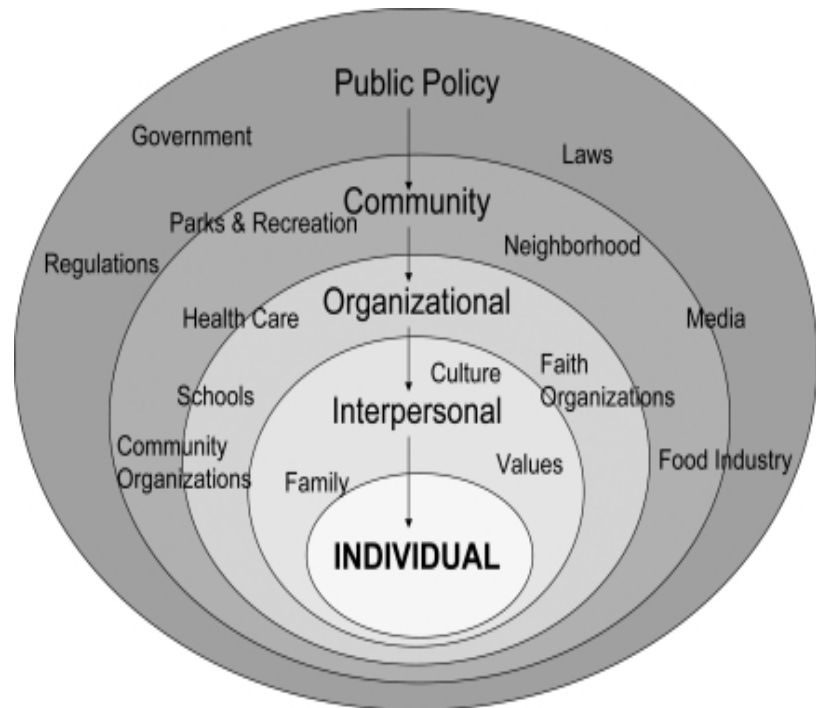
Evaluation

Synthesis

Ecological Approach. U. Bronfenbrenner. 1979



Ecological Model. K.R. McLeroy. 1988



JF. Sallis. Health Behavior and Health Education. Theory Research and Practice. 2008

Socio-ecological approach

Context

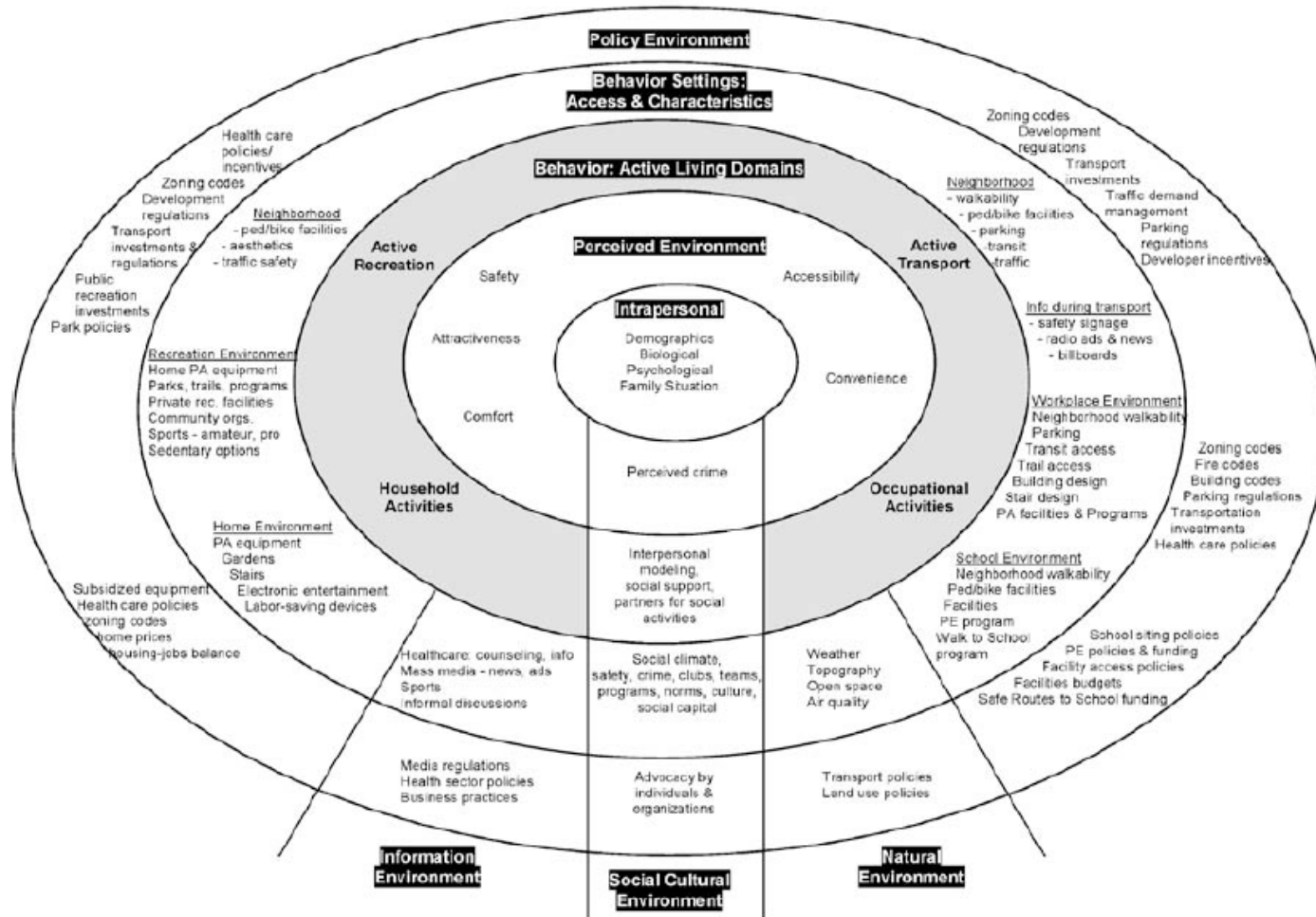
Theory

Efficiency

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Synthesis

Ecological Model of Four Domains of Active Living



JF. Sallis. An ecological approach to creating active living communities. *Annu Rev Public Health* 2006; 27:297-322.

Socio-ecological approach

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Living Environment

Natural, Built
Organizational, Public Policy

Social Environment

Family members
Friends, Pairs, Co-workers

Individual

Emotions, Knowledge
Believes, Norms
Self-efficacy, Motivation...

TIME

Socio-ecological approach

Context

Theory

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Unhealthy behavior



Who is concerned ?

Identifying individual
behavioral factors
(Knowledge, Believes..)



Identifying the
individual living or
working environment

Identifying the
individual daily social
interactions

Socio-ecological approach

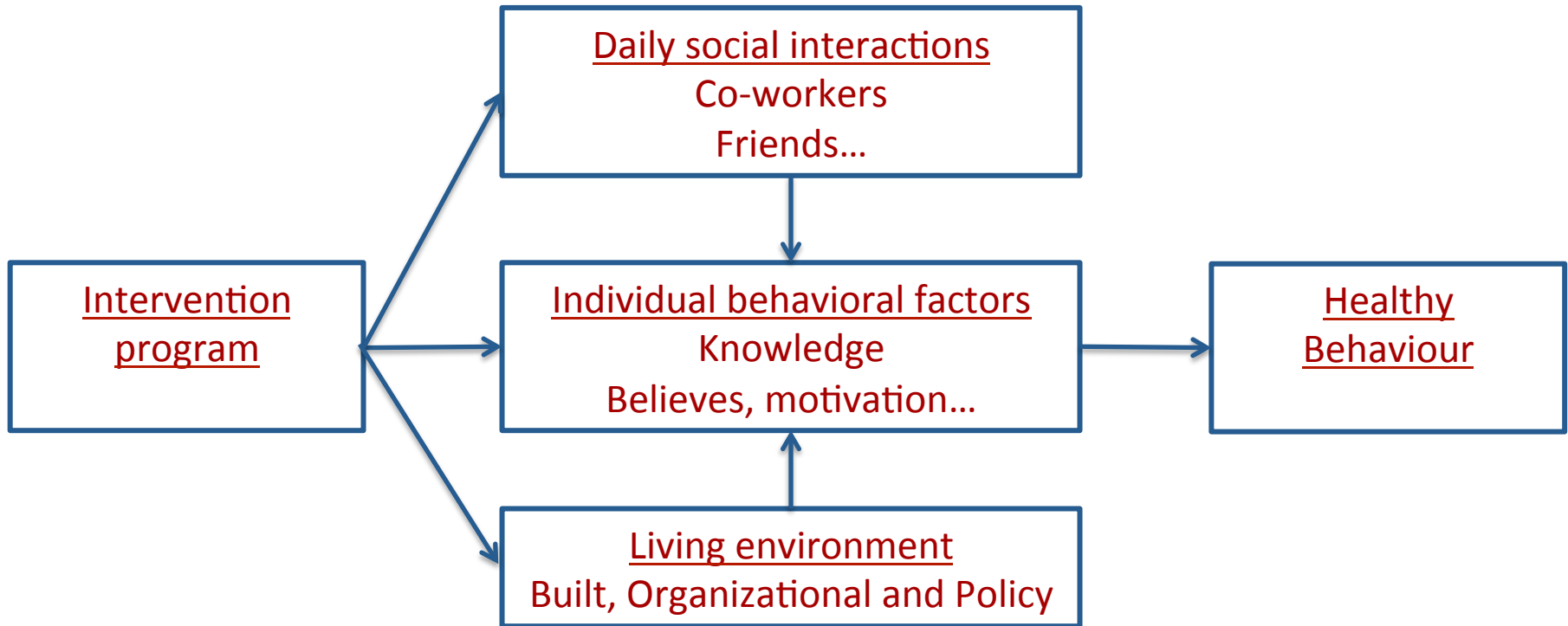
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Socio-ecological approach

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Theory

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Prevention of unhealthy weight in children by promoting physical activity using a socio-ecological approach: What can we learn from intervention studies?

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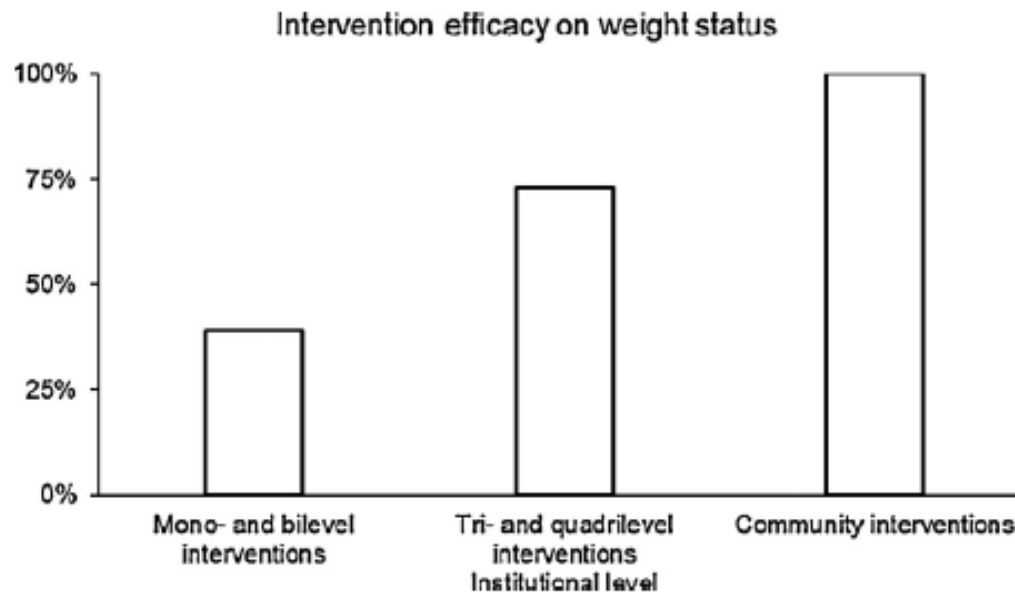


Fig. 1. Percentages of studies showing a significant effect on weight-status indices according to the levels of the physical activity determinants targeted by the intervention.

Socio-ecological approach

Context

Theory

Efficiency

Evaluation

Synthesis



Socio-ecological approach

Context

Theory

Efficiency

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Intervention process

Internal

Effectiveness

Methodology

Theory

Equity

Sustainability

External

Participation

Implementation

Cost-Effectiveness

Reproducibility

Transferability

Socio-ecological approach

Context

Theory

Efficiency

Evaluation

Synthesis

Intervention process

Internal

Evaluation

Effectiveness



Health related outcome

Methodology



Study design, Bias...

Theory



Mediators analyses

Equity



Moderators analyses

Sustainability



Follow-up duration

Socio-ecological approach

Context

Theory

Efficiency

Evaluation

Synthesis

Intervention process

External

Evaluation

Participation



% subjects

Implementation



% program components

Cost-Effectiveness



Cost-Effectiveness analyses

Reproducibility



Other areas

Transferability



Other populations

Socio-ecological approach

Context

Theory

Efficiency

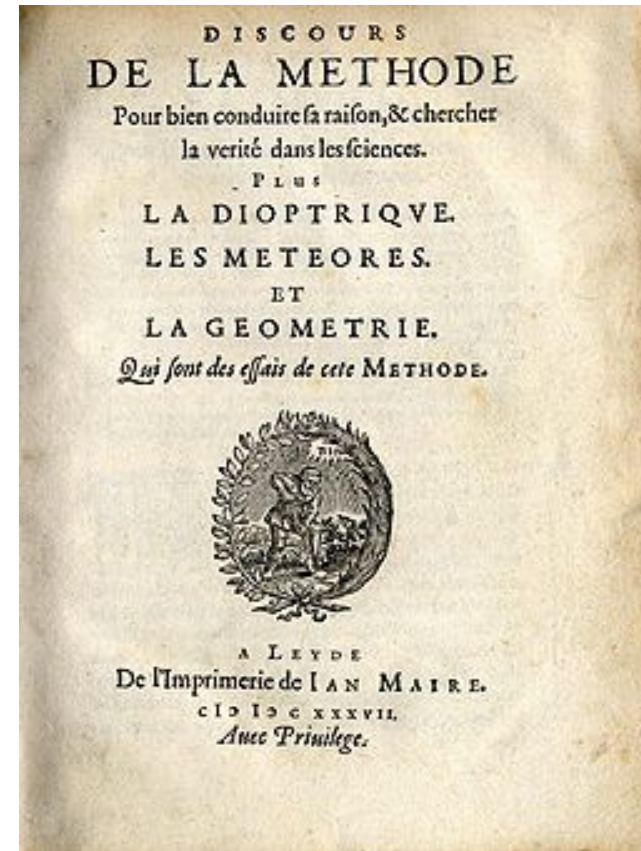
Evaluation

Synthesis

Divide each difficulty into as many parts as is feasible and necessary to resolve it



René Descartes (1596-1650)



Discours de la méthode 1637

Socio-ecological approach

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Efficiency

Evaluation

Synthesis

WHEN ?

BY WHOM ?

HOW ?

Socio-ecological approach

Context

Theory

Efficiency

Evaluation

Synthesis

WHEN ? → Session 2

BY WHOM ? → Session 3

HOW ? → Session 3

Socio-ecological approach

Context

Theory

Efficiency

Evaluation

Synthesis

Thank you

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Socio-ecological approach

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Healthy Communities Create Healthy People

